

# DIRECTORY OF HEALTH SERVICES IN CLONDALKIN

## Alternative Second Level Schooling/Services

<b>Youthreach Clondalkin</b>	<p>Old Vocational School, Monastery Road, Clondalkin</p> <p>Graham Warren Tel: 01-4593750</p>	<p>Provides a safe and secure learning environment where students can achieve their capabilities on several levels including development of academic education, preparation for the workforce, readiness for further education</p>	<p>15-20 year olds</p> <p>FETAC</p>	<p>50 places</p>
<b>Carline Centre of Learning</b>	<p>Lynch's Lane, Balgaddy, Lucan</p> <p>Tel: 01-6249965</p>	<p>The centre caters for early school leavers.</p> <p>Subjects include wood craft, metal work, maths, English, computers, catering and sports</p>	<p>13-18 year olds</p> <p>Young people can benefit from the 1:1 support available from the Centre psychologist who also carries out formal educational assessments</p>	<p>Accredited by FETAC (NCVA)</p> <p>Referrals from schools</p>
<b>Clondalkin Youth Services</b>	<p>Monastery Road, Clondalkin</p> <p>Tel: 01-4594666</p>	<p><b>Target Group:</b> early school leavers, people with learning difficulties and young unemployed people (10-25 year olds).</p> <p><b>Services offered:</b></p> <ul style="list-style-type: none"> <li>• Offers advice, information and assistance on a wide range of education and training issues. Acts as a mediator for young people in local schools, and monitors young people at risk of early school leaving.</li> <li>• Operates the Campus Clondalkin Project in South West Clondalkin. Runs the SWIFT (South West Initiative for Teenagers) project in conjunction with the Gardaí.</li> <li>• Provides after school club for under-12 year olds in Clondalkin Village, Deansrath, Bawnogue, Knockmitten and Sruleen, as well as drop-in clubs for over-12 year olds in Deansrath, Bawnogue and Clondalkin Village.</li> <li>• Runs summer projects, retreats in school and provides an outreach service to schools, youth clubs and community groups.</li> </ul>		

<p><b>New South West Base Clondalkin Youth Services</b></p>	<p>Bawnogue Community Centre Tel: 01-4030969</p>	<p>The Bawnogue office services the needs of the South West area of Clondalkin. It provides similar services as our main Monastery Road base but includes an outreach service to young people in the local community.</p> <p><b>Supports/services available to schools:</b></p> <ul style="list-style-type: none"> <li>• Offers advice and information on services available.</li> <li>• Provides weekend retreats, school based retreats, prefect training, personal development programmes, after school projects, breakfast clubs, Faith Friends programmes, Stand Up and Be Counted Programme, student placements and team building sessions</li> </ul>
<p><b>Ronanstown Youth Services</b></p>	<p>Neilstown Village Centre, Neilstown Road, Clondalkin</p>	<p><b>Target Group:</b> Young people and their families from the North Clondalkin Area</p> <p><b>Services Offered:</b></p> <ul style="list-style-type: none"> <li>• The youth service aims to support the development of a broad based service for all young people, this would include providing suitable programmes that meet their needs in relation to a wide range of issues.</li> <li>• Also providing mainstream groups that explore the Arts, Drama, Outward Bounds and Sports</li> </ul> <p><b>Supports/Services Offered to Schools</b></p> <ul style="list-style-type: none"> <li>• Work in schools on a wide range of issues while also on an individual basis for young people and their families to offer advice, support, information and mediation in relation to issues such as addiction, homelessness, social welfare and early school leaving.</li> </ul>
<p><b>Youth Support &amp; Training Unit</b></p>	<p>5 Oakfield Industrial Estate, Clondalkin Tel: 01-4579444</p>	<p><b>Target Group:</b> Early school leavers, ex-offenders, lone parents and unemployed people in the 15-20 year old age group.</p> <p><b>Services Offered:</b></p> <ul style="list-style-type: none"> <li>• Operates an outreach service to target early school leavers.</li> <li>• Assists young people in finding suitable education/training programmes, and monitors and supports their progress.</li> <li>• Provides literacy programmes and motivational programmes.</li> <li>• Co-ordinates an anger management programme for young people.</li> </ul>

		<ul style="list-style-type: none"> <li>• Provides information and advice on a wide range of issues such as alcohol/drug use, employment, health issues, mental health, legal issues and welfare entitlements.</li> <li>• Provides a drop-in service for early school leavers.</li> <li>• Drugs Outreach worker who works with young people under 18 who are currently misusing substances or at risk of misusing substances.</li> <li>• Supports/Services available to schools: Anger management programme</li> <li>• Referral and support to further training for early school leavers.</li> <li>• Drugs outreach worker</li> </ul>
<b>Quarryvale Community Centre</b>	Greenfort Gardens, Clondalkin  Tel: 01-6233417	Target Group: Young people and their families from the Quarryvale and surrounding area. Teen counselling also based in this centre.

#### School Completion Programme - Clondalkin Area

<b>Bawnogue/Deansrath School Completion Programme</b>	The Presbytery, Bawnogue, Clondalkin Tel: 01-4577900 <b>Target Group:</b> Young people at risk of early school leaving <b>Catchment Area:</b> Talbot SNS, Nano Nagle JNS, St Ronans NS, Deansrath Community College
<b>South Dublin School Support Programme</b>	c/o Moyle Park College, Clondalkin Tel: 087 6344441 Email: southcloncluster@hotmail.com <b>Catchment Area:</b> Colaiste Bride, Moyle Park College, Scoil Aine NS, Scoil Ide NS, Scoil Mhuire NS, St Joseph's BNS, Sruleen NS, Clonburriss NS

#### Tower Programme

North Clondalkin Probation Project Ltd, Cusack House, St. Mark's Lane, Neilstown Road  
**Telephone:** 01-6236230 **Fax:** 01-6236237 **Email:** towerprogramme@eircom.net

#### PRIMARY CARE PSYCHOLOGY SERVICES

##### Primary Care Psychology Service Dublin West

Dublin South Central ISA  
The Maple Unit  
Cherry Orchard Hospital  
Tel: 01-6206000

**Services:**

Primary Care Clinical Psychology Services  
Primary Care Parenting Skills Programme  
Psychology Drop-In Clinics  
Parenting advice/support for child related difficulties  
Family problems  
Assessments and therapeutic interventions of mild-moderate difficulties

**Including:**

Behavioural difficulties, cognitive/development concerns, anxiety, depression, trauma/loss

**Catchment Area:**

Lucan/Inchicore/Ballyfermot/Chapelizod/Palmerstown/Clondalkin/Rathcoole/Saggart

**Early Intervention Team and 6-18 years Disability Service**

**Where:** Rossecourt Resource Centre, Balgaddy, Lucan

**Tel:** 01-4647760

**Team:** OT/SLT/psychologist/physiotherapist/social worker

<b>Interventions:</b>	Parent Child Intervention Programme	Parent Education Workshops
	One-to-One therapy sessions	Group therapy sessions
	Home Programmes	School input/programme

**Community Child and Adolescent Psychiatry Services**

Linn Dara CAMHS, Clover Suite (Ballyfermot), Cherry Orchard Hospital Campus, Dublin 10

**Tel:** 01-7782085

Linn Dara CAMHS, Clover Suite (Lucan), Cherry Orchard Hospital Campus, Dublin 10

**Tel:** 01-7782080

Linn Dara CAMHS, Bluebell Suite (St James), Floor 1, Community Child & Adolescent Mental Health Service, Cherry Orchard Hospital Campus, Dublin 10

Linn Dara CAMHS, Buttercup Suite (Blanchardstown), Cherry Orchard Hospital Campus, D 10

**Tel:** 01-772120

Department of Child Psychiatry, Tallaght Hospital, Dublin 24

**Tel:** 01-4144802

**HSE Assessment of Needs Officer - Dublin West**

Rosse Court Resource Centre, Balgaddy Road, Lucan

**Tel:** 01-4647874

**Referral:** Any parent/carer who feels that their child aged under 5 may have a disability can apply for an assessment.

**Services:** Assessment of the full range of a child's need associated with his/her disability - carried out by a local Assessment Officer

**Family First Functional Family Therapy**

Unit 3, Oakfield Industrial Estate, Clondalkin

**Tel:** 01-4574752

**Email:** alee@archways.ie

<b>Programme</b>	Evidence based systematic family prevention and intervention therapeutic programme. Aimed at 11-18 year olds. Short-term: 16-22 sessions with up to 26-30 for more complex issues.
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	<b>Three-Phased Approach:</b> Phase 1: Engagement & Motivation Phase 2: Behaviour Change Phase 3: Generalisation
<b>Catchment Area</b>	South Dublin, Clondalkin, Lucan, Palmerstown, Newcastle
<b>Reasons for referral</b>	Behavioural difficulties at home/school Adolescent mental health issues: ADHD, ODD, OCD, depression, anxiety Suicide ideation Self-harm Anti-social behaviour Family related difficulties Substance Abuse Sexual Abuse Seperation/Divorce/breakdown in foster care placement

### **Hesed House**

Family Therapy and Counselling

74 Tyrconnel Road, Inchicore, Dublin 9

**Tel:** 01-4549474 **Email:** hesedhouse@eircom.net

#### **Services Offered:**

##### *Individual Counselling*

- Supporting and counselling adolescents around family problems and their own growth into adulthood. Counselling and supporting adults and children around abuse in their lives.

##### *Family Therapy*

- Working with families during and after seperation. Working with children under stress.
- Helping families cope with childhood problems such as bullying, school refusal and aggressive behaviour.
- We have particular interest and experience in working with adults and children around issues of family violence and drug abuse.

### **Deansrath Family Centre**

St Cuthbert's Road, Clondalkin

**Tel:** 01-4574069 **Email:** info@deansrathfamily.ie

**Services:** Provides early year's services for children 0-12 years old and their families in the South Clondalkin area.

#### **Parent Programmes at Deansrath Family Centre**

Parent and Baby 0-1 Incredible Years Programme

Toddler Programme 1-3 Incredible Years Programme

Preschool Basic Programme 3-6 Incredible Years Programme

School age programme 6-12 Incredible Years Programme

Learn to Play the Aisear Way

Hanen-Language and Literacy Development in Preschool Children

#### **Child Programmes at Deansrath Family Centre**

Small Group Dina Programme

Classroom Dinosaur Programme

Supported Preschool Curriculum

Play & Development

Coderdojo (Computer Coding Club)

**Home Help: Clondalkin, Lucan, Rathcoole**

Rowlagh Health Centre, Clondalkin

Tel: 01-6754900

**Target Group:** Families in stress

**Catchment Area:** Clondalkin, Lucan, Rathcoole

**Criteria for referral:** Must be made by the Public Health Nursing & Social Worker

**Services:** Support for families in stress and families with children who have learning disabilities

**Barnardos Teenage Parent Support Programme**

10 Newlands Business Park, Newlands Cross, Clondalkin

Tel: 01-4032081

**Target Group:** Pregnant and parenting teenagers & their families

**Catchment Area:** D24, Crumlin, Drimnagh, D8

**PARENTLINE**

**Call:** 1890 092 7277 or 01-8733500

A helpline for parents. Trained facilitators give confidential support, information and guidance on aspects of parenting.

**Beacon of Light Counselling Service**

4 Collinstown Grove, Neilstown, Clondalkin

Tel: 01-4578700 Email: beaconoflight@iolfree.ie

**Beacon of Light Counselling Centre** is a community based project which provides high quality, accessible and affordable, professional counselling and training workshops. This service provides support and positive intervention to assist individuals, families and groups guiding them towards positive relationships with self, others, the community and the environment.

**Services available:**

One to one counselling for adults and children from 7 years up

Family counselling & Functional Family Therapy

**Workshops cover:**

Assertiveness	Self-Esteem
Communications	Parenting
Family Systems	Personal Development

**JIGSAW**

Moorfield Avenue, Neilstown, Clondalkin

Tel: 01-5380087 Email: clondalkin@jigsaw.ie

**Target Group:** Jigsaw is a mental health support service for young people aged 12-25 years

**Catchment Area:** Clondalkin/Lucan/Adamstown/Palmerstown/Rathcoole/Newcastle

**Service:** Jigsaw offers a free, brief solution focused service providing interventions lasting up to 6 sessions

**Referral:** Young people/parents/carers/GPs & other professionals

Suitable for Jigsaw		Not Suitable for Jigsaw
<b>Emotional &amp; Behavioural Difficulties</b>	Relationships of interpersonal difficulties, bullying, stress, low self-esteem, body image issues, shyness, anger etc	Complex &/or chronic emotional or behavioural difficulties. Young people requiring bereavement counselling.

<b>Mental Health Difficulties</b>	Mild to moderate presentation of low mood, anxiety, panic etc.	Moderate-severe & enduring e.g. recurrent depression, bipolar disorder, psychosis, anorexia, bulimia or chronic anxiety.
<b>Self-Harm</b>	Self-harm with or without suicidal ideation.	Self-harm accompanied by suicidal intent. <i>Young people at risk of harm to themselves should be referred to crisis services.</i>
<b>Suicidal Ideation</b>	Suicidal ideation without suicidal intent.	Suicidal ideation accompanied by suicidal intent. <i>Young people at immediate risk of harm to themselves should be referred to crisis services.</i>
<b>Substance Use (Drugs &amp; Alcohol)</b>	Experimental and/or recreational substance use which is secondary to a young person's mental health difficulties.	Moderate to severe substance misuse/dependence.

### **Teen Counselling Service**

**Contact number for all services:** 01-5574705

**Target Group:** 12-18 years old with behavioural problems, family problems, drug abuse, alcohol abuse, anxiety, depression, parental separation, bereavement

<b>Teen Counselling Centres</b>	<b>Address</b>	<b>Catchment Area</b>
Clondalkin	Quarryvale Community & Leisure Centre, Greenfort Gardens, D 22	Dublin West
Tallaght	"Shalom", Raheen Park, Springfield, D 24	D24 Postal Address

### **Barnardos & One Family Child**

Unit 10, Newlands Business Park, Newlands Cross, Clondalkin

**Tel:** 01-4032085

### **The CARI Foundation**

**HELPLINE:** 1890 924 567

CARI is the leading voluntary organisation with a proven track record in providing child centered specialised therapy and support to children, families and groups affected by child sexual abuse.

CARI also provides therapy to children, up to and including 12 years who are showing signs of sexualised behaviour.

**Services:** Child & Adolescent Therapy/Parental Support/Court Accompaniment

### **DROP-IN ADVICE CLINICS**

#### **Speech and Language**

Parents/Carers can discuss concerns and receive advice regarding their child's speech and language development, voice and fluency.

**Where:** Acorn Unit in Cherry Orchard Hospital  
Deansrath Health Centre  
Ballyfermot Primary Care Centre

**When:** Last Wednesday of each month - 9.30am - 11.30am  
(Except December)

**Who:** Parents/Carers of children referred to Dublin West Community Services & are awaiting their initial assessment.

**How long:** Each consultation will last approximately 15 minutes. Parents seen on a first come, first served basis

**More information:** SLT Dept, 01-6206256

### **Parent & Psychology Clinic**

**Who:** Parents/Carers of children aged 1-18 years who have concerns in relation to development/behaviour/separation/bereavement/divorce

This service operates on a first come, first served basis

<b>Where:</b>	Rowlagh HC	Rossecourt HC
<b>When:</b>	1st Monday of the month 9.30 am - 12.00 pm Tel: 01-6754900	2nd & 3rd Monday of the month 9.30 am - 12.00 pm Tel: 01-4647760

## **BEREAVEMENT**

### **Barnardos**

Bereavement Counselling for Children  
Christchurch Square, Dublin 8  
**Tel:** 01-4549699 or 1850 222 300  
[www.barnardos.ie](http://www.barnardos.ie)

### **Bethany Bereavement Support Group**

Bawnogue 01-4943142  
Tallaght 01-4510160  
[www.bethany.ie](http://www.bethany.ie)

### **Pastoral Care - Tallaght Hospital**

AMNCH, Tallaght  
**Tel:** 01-4142482  
Offers an 8 week peer bereavement counselling service for those bereaved by suicide

## **USEFUL HELPLINES**

Teenline:	1800 833 634
Childline:	1800 666 666
Parentline:	1890 927 277
HSE National Helpline:	1850 241 850
Homeless Service:	1800 724 724
Gay Switch Board:	01 872 1055
Positive Options: Freetext the word LIST to 50444	
Separated and unmarried Fathers of Ireland	01-4514200
Samaritans:	1850 609 090



Bodywhys:	1890 200 444
St Vincent de Paul:	01 838 6999
Drug HIV Helpline:	1800 459 459
Women's Aid:	1800 341 900



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